

COUNTY TO HOST WELLNESS FAIR

Licking County Government will host a Wellness Fair from 1 to 4 p.m. on Tuesday, July 12, in Room A of the Donald D. Hill Licking County Administration Building, 20 S. Second St., Newark.

The fair is open to all county employees and their spouses.

Exhibitions will feature Licking Memorial Hospital, Mental Health America of Licking County, Heartland Rehab, Mantonya Chiropractic, Pathways of Licking County, The Advantage Club, Bloomberg Eye Center, the Licking County Health Department, the Licking County Family YMCA, Aldridge-Mead Chiropractic, Arensberg Pharmacy, Guardian Medical Monitoring, and more.

Healthy refreshments will be provided by the county government Human Resources Department. For more information, please call 670-5150.

MORE FROM L.C. GOVERNMENT...

COCO KEY DISCOUNT TICKETS AVAILABLE: The Licking County Employee Recreation Committee is selling tickets to the Coco Key Water Resort at the Cherry Valley Lodge.

Tickets are discounted to \$15 each, and can be used any day before Dec. 30, 2011. But hurry -- there are limited quantities.

Purchase tickets in the Human Resources Department (see Lori or Christy) on the third floor of the County Administration Building, 20 S. Second St., Newark. Checks are payable to the Employee Recreation Committee. Please, no cash.

Questions can be answered by Lori Libby at 670-5151.

SCHEDULE YOUR MAMMOGRAM: Licking County Government is sponsoring mammography screenings offered by The James Mobile Mammography Unit.

The mobile unit will be on site at the county building on Aug. 25, from 9 a.m. to 4 p.m.

To schedule an appointment, please call the Mobile Mammography Department at least two weeks in advance. The toll-free number is (800) 240-4477.

The American Cancer Society guidelines state that women over age 40 should have an annual mammogram. Take advantage of this quality, convenient service. The cost is covered at 100 percent if you are enrolled under the Licking County Medical Plan.

Changes for staff recognition made by LCBDD Staff Council

During the June meeting of the LCBDD Staff Council, the group decided to change the way it recognizes staff.

Instead of the traditional "Employee of the Month" award, Staff Council will now elect a "Staff Member of the Quarter," allowing coworkers, community members, and the families and individuals we serve to submit nominations.

The official nomination form is now located at the bottom of the 'Careers' page on our website -- www.LCountyDD.org. We've also attached a "Staff Member of the Quarter" nomination form at the end of this newsletter for your immediate review.

You will note that the basic criteria for considering a "Staff Member of the Quarter" is the same as the previous criteria for "Employee of the Month."

Completed nomination forms should be submitted to Louise Decker (Administration) in advance of the Sept. 21 Staff Council meeting.

Third-quarter nominees will be considered by Staff Council during the September monthly meeting and announced in the September edition of *The Loop*.



June LICCO Team Member of the Month *Jean Hupp*

Jean Hupp has worked at LICCO for nearly two years, but she only has worked in the production department about six months.

Already she is leaving her mark, and has been selected by her supervisors as the LICCO Team Member of the Month for June.

"Jean is such an asset to the production area and understands the importance of quality and independence," explains Workshop Specialist Lynn Ridenbaugh, who notes Jean has a very positive attitude, too.

"Work demands are greater and production deadlines more demanding," continues Adult Services Facilitator Doug Price. "Jean attends to her assigned task with diligence and is proud of the work she does."

We're proud of you, too, Jean. Congratulations and keep up the great work!



'Thumbs Up!' to the LICCO Spring Fitness 5K committee! **Debbie Pound, Angie Watson and Gary Wimer** (Adult Services) just keep improving this fundraiser. With committee members **Beth Hopkins, Beth Tharp** and **Doug Price** (Adult Services), this event not only was a successful fundraiser, but also a

great kickoff for everyone's fitness program. Sponsors, volunteers and participants (too numerous to name here) made this event exceptional and somehow even better than last year. The committee invested an amazing amount of time to secure sponsors, generate support, develop and revise numerous forms, flyers and advertisements, price and secure a terrific T-shirt designer, review and improve the route, insure that all the shirts and awards were assigned correctly, etc. All the while, they never let the 5K keep them from their ever-demanding job duties. Thanks to everyone who helped in any way, and especially to Pound, Watson, Wimer, Hopkins, Tharp and Price.

- **Kyle Miller** (Adult Services)

'Thumbs Up!' to **Jay Courson** (Administration) who made the most awesome desk stand for my computer monitor. He even went above and beyond on the beautiful paint job. Thanks, Jay!

- **Shelley Hummel** (Administration)

'Thumbs Up!' to **Arletta Hinger** (Administration) who helped us out with a very difficult landlord situation. Thank you, Arletta, for all the help advocating for our ladies and working with us through this difficult time.

- **Silvia Murrey, Tacie Omen and Jean Neader** (Service Coordination)

'Thumbs Up!' to **Judy Moushey** (Adult Services) for hosting several OSU students and COTC practicum students. Judy is very quick to share her Adult Services knowledge to help the students learn more about the LCBDD and the people we serve. Thank you, Judy, for what you do!

- **Louise Decker** (Administration)

A huge 'Thumbs Up!' to **Amber Rowley** (Administration) for taking on a very large project for me. It consumed a lot of her time, and I appreciate everything she did to complete it. **Shelley Hummel** (Administration) was a big help and so were many others (you know who you are). Everyone who pitched deserves a really big 'Thumbs Up' from me!

- **Heather Odendahl** (Administration)

'Thumbs Up!' to **Dr. Chip Kobe** (Administration) for working with me so well and so quickly to get assessments done.

- **Ashley Washburn** (Service Coordination)

'Thumbs Up!' to **David McManus** (Administration) who recently took a statistics class at OSU, earning an A and a 100 percent grade on his final project. He already is figuring out how to apply his new skills to manipulating MUI data!

- **Nancy Neely** (Administration)

'Thumbs Up!' to **Amber Rowley** (Administration), who worked hard to get a mailing out. She also helped **Arletta Hinger** (Administration) with entering billing. Yea to Amber for her teamwork! 'Thumbs Up!' to **Jay Courson** (Administration) and a CES worker who cleaned up the front of the E.S. Weiant Center. They pulled weeds, trimmed trees and mulched. The building really looks great.

- **Barb Luce** (Administration)

'Thumbs Up!' to **Lea Bonner** (Service Coordination) for bagging and cleaning up all the shredded paper. 'Thumbs Up!' to **Dorinda Burley** (Service Coordination), the "paper fairy," for keeping paper loaded in the copiers!

- **Sue Ormiston** (Service Coordination)

'Thumbs Up!' to **Beth Riggs** (Service Coordination) for doing all of the scheduling for the National Core Indicators (NCI) surveys. She spent a lot of time getting this all organized for the people being surveyed and the providers. Nice job, Beth!

Also, a 'Thumbs Up!' to the **Service Coordinators** for getting the background information turned in and supporting people to participate in the NCI surveys. 'Thumbs Up' to the **Disability Resource Network** and **Lee Balsler** for the fifth-annual Theater Day on June 5. This year, more than 200 people were treated to the Weathervane Theater production of "Little Shop of Horrors." Snacks were provided and it was a great event, as always! A huge 'Thumbs Up!' to **Sue Ormiston** (Service Coordination) for her work taking reservations for Theater Day. She took care of all the details and even brought her husband to the event to serve snacks. Thank you, Sue! 'Thumbs Up!' to the **CES crew** and **David Smelts** (LICCO/CES) for making the front of our building look so nice. David was pulling weeds in the heat! Thank you so much. A final 'Thumbs Up!' to **Doug Price** (Adult Services). He helped an individual during an unfortunate accident. Doug always goes above and beyond the call of duty for the people we serve!

- **Chanda Busse** (Service Coordination)

'Thumbs Up!' to the **Early Intervention team** for organizing and hosting a fantastic Ice Cream Social for families on June 16 at the E.S. Weiant Center. Despite the rain, everyone had a good time!

- **Judy Buehler** (Early Intervention)



A new arrival

Congratulations to **Caley Boyden** (Service Coordination) and family. Caley gave birth to baby Lyla at 9:30 p.m. on Saturday, May 21. Lyla was 7 pounds, 4 ounces and 19 ¼ inches. Mom and baby are doing well, reports Caley's supervisor, **Kristen Morris** (Service Coordination).

LCBDD staff, families participate in UW Day of Caring

A big thanks and 'Thumbs Up!' to the LCBDD staff for their participation in the 2011 United Way Day of Caring on June 17.

Louise Decker (Administration) reports that a number of staff volunteers spent the afternoon with Mental Health America of Licking County's Compeer group, socializing and engaging in activities at Dawes Arboretum.



"This was very different than past years' efforts of pulling weeds, painting and mulching," Louise explains.

The Compeer program recruits, screens, trains and matches volunteers in one-to-one friendship relationships with adults receiving mental illness treatment. Compeer volunteers become positive role models and mentors. They help raise self esteem, increase social and communication skills and encourage independence of their Compeer friend aiding them in their recovery.

The LCBDD staff volunteers were:

- Administration/Early Intervention -- **Arletta Hinger, Barb Wheeler** and **Shelley Hummel**.
- Adult Services -- **Gary Wimer, Lisa Dunaway** and Lisa's daughter **McKenzie**.
- Service Coordination -- **Tacie Thorne, Chanda Busse, Bridget Finch, Diana Shannon, Aleesa Womer, Abby Spear** and **Brenda Colley**.

Lorrie Miller (Service Coordination) continued the annual tradition of working with daughters **Kylie** and **Shae** at Evans Park in Hebron to honor the United Way Day of Caring. They helped install a Born Learning Trail there (FYI -- there is another similar trail at Rotary Park in Newark).

Born Learning is a national project. When visitors walk the trails, they find stencils and signs which exclaim words such as "Hop!" and "Toss!" to get children's brains and bodies moving. This helps build fine and gross motor skills, and stimulates thinking.

Lorrie, Kylie and Shae have participated in United Way Day of Caring activities for the last several years. And as most everyone knows, Kylie and Shae also are the beautiful daughters of **Kyle Miller** (Adult Services).

LCBDD safety highlights

The LCBDD staff Safety Committee met at the end of May. A lot was discussed, but here are just some of the hot topics that were taken from the meeting minutes:

- **Ashley Washburn** (Service Coordination) was the winner of the second-quarter "Caught You Being Safe" award! She

was awarded a bonus one-half personal day. Congratulations to Ashley!

- There were seven incidents during the recent reporting period, however none were OSHA recordable. One incident involved an Adult Services staff member tripping on a door stop. That trip hazard has since been eliminated.

- **Molly Butt** (Service Coordination) reported that the kitchen floor at 565 has been replaced, carpets have been cleaned, and the bathroom and some offices recently were painted.

- **Jay Courson** (Administration) had a portion of the concrete curb repaired outside the E.S. Weiant Center.

- **Kyle Miller** (Adult Services) reported that he is obtaining proposals from local companies to repair some of the concrete outside of the LICCO building. LICCO also is getting ready for a major restroom renovation project. Construction is expected to start soon, utilizing some Community Development Block Grant funds. More details will be published in an upcoming edition of *The Loop* once the construction is underway.

Focus on men's health

By the time this newsletter reaches your inbox or mailbox, it will have come and gone, but did you know that June 13-19 is National Men's Health Week?

The goal of Men's Health Week is to increase awareness of preventable health conditions and encourage early detection and treatment of these conditions.

"Men's health is often overshadowed by other health topics, but it is an extremely important subject that will hopefully gain increased awareness," says Joe Ebel, Licking County Health Commissioner.

Ebel adds that we should encourage the men in our lives to take their health seriously and, in the process, lead better and more productive lives.

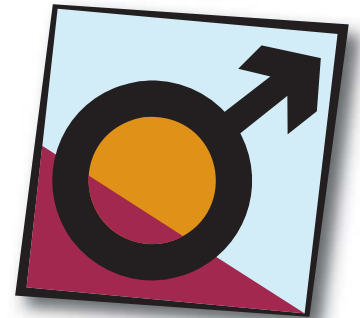
According to the Centers for Disease Control, prostate cancer is the most common type of cancer diagnosed in men. Each year, more than 230,000 men are diagnosed with prostate cancer in the United States, and almost 30,000 will die from the disease.

According to the most recent data available from the Ohio Department of Health, prostate cancer is the second-most common type of cancer diagnosed in Licking County.

While currently there is no way to prevent prostate cancer, there are activities men can participate in to reduce their risks of contracting the disease and improve their overall health. These activities include:

- Avoiding tobacco use.
- Being physically active.
- Eating healthy.

For more information regarding men's health, the Licking County Health Department recommends that you visit www.cdc.gov.



Barb's great day at LICCO

A few weeks ago, **Barb Luce** (Administration) had a prolonged visit with the LCBDD Adult Services staff and the employees of LICCO Inc. The experience was part of Barb's effort to reach her professional goals -- to learn more about Adult Services and the workshop.

Barb described the exercise as a "job-shadowing experience" for staff members like herself who work in an office setting and have limited contact with the people we serve. This opportunity also gave her a chance to get acquainted with the AS staff and allowed her to better appreciate the work they do.

"You should be very proud of your staff," Barb said in a letter to **Judy Moushey** (Adult Services) which served as a summary of the visit. "They genuinely care about the people placed in their crews."

Judy, an Adult Services Manager, coordinated much of Barb's experience within various teams and areas of the workshop.

Following is a (slightly edited) text of the summary Barb submitted to Judy and copied to Adult Services Director Kyle Miller. We thank Barb for sharing it with us in *The Loop*. We think you will find it enlightening --

Dear Judy and staff,

I wanted to thank you and your delightful staff for the hospitality you all showed me on June 14.

I began my day with Judy and learned some of the labor-intensive and time-consuming tasks of completing daily schedules for staff. For example, when one staff member calls off due to illness, an entire chain reaction occurs involving several different teams. Teamwork and strong communication among the teams is so vital there.

• Workshop Specialists **Debbie Neighbarger** and **Kathy Thornton** – *This was the first team I shadowed. I sat at a table with a few individuals and helped them get recipes and food pictures from magazines. I enjoyed talking about recipes and spending time with the people we serve. One person was actually creating a cookbook on the computer. Time flew by, and the next thing I knew Judy came to tell me it was time to move to the next crew. Both Debbie and Kathy are so remarkably talented.*

• Workshop Specialists **Chris Lee** and **Angie Hall** – *I found this area to be extremely task-oriented. Chris explained to me all the different tasks people learn while in this crew. All tasks were neatly labeled and placed on shelves, making it very easy to find. Chris explained that the workshop specialists' role in this particular area is to teach skills to help adults become more independent and employable in the production area and in the community. Chris was very helpful and answered my hundreds of questions. Chris and Angie both have a genuine concern for the health, safety and well-being of those placed in their care.*

• Next, on to the lunch room with Workshop Specialist **Laura Kreager**. *Wow, she was busy! Laura was seated at the table with three individuals. She assisted one person while making sure others were practicing good table manners. Laura seemed to really enjoy working with each individual. She took the time to speak to almost everyone in the room. Despite being very busy, .*

Laura also ate her lunch with the group.

• **Pam Richardson** and **Jaclyn Alexander** – *While in this area, I learned how to sort tiny, tiny beads. I found this extremely difficult because my fingers just don't have the dexterity or feeling to pick up those tiny objects. I did not get to talk with Pam or Jaclyn much because they were busy with the people we serve, assisting them with their sorting duties. I did get to spend time with a client that had been a student during the time that I was assigned to the E.S. Weiant Center several years ago..*

• Next, on to the Spirit Line with **Heidie Edmonds**. *Heidie showed me the different displays, how items were inventoried (in and out) and explained the pay-per-piece concept. Heidie also explained the marketing tools used to sell the jewelry. I found this area to be more relaxed because individuals work at their own pace. They understand they are paid for each completed item. They had the supplies they needed, talked among themselves and were very proud of each completed piece of jewelry. Heidie is a forward thinker and is always looking for new ideas for the jewelry collection.*

• Before I knew it, it was bus time. I ended the day again speaking with Judy about the Adult Services philosophy and what direction the workshop is headed.

I would highly recommend this shadowing experience to anyone in the agency, like me, who has little contact with the people we serve. They are the reason we do what we do. Thanks to Judy, her staff and all of the people at LICCO for the time they spent educating me about the various facets of LCBDD Adult Services.

Coming in July

- Watch for Staff SCOOPs to return in July and August.
- Look for a memo coming soon from **Louise Decker** (Administration) about the LCBDD Staff Wellness Committee's latest Monthly Challenge -- this one has a new twist!
- Don't forget to turn in 'Thumbs Up!' recognitions to **Heather Odendahl** (Administration) no later than July 8 in order to be included in the July issue of *The Loop*.
- The next newsletter also will feature details about the All-Staff Inservice, scheduled for Friday, August 26 at the E.S. Weiant Center. A couple of guest speakers already are booked for the day. Stay tuned for more information.

June staff anniversaries

**Jaclyn Alexander (11), Erica Bankston (1),
Holly Carr (19), Jennifer Denney (3),
Courtney Johnston (3), Jaime Lawson (10),
Lorrie Miller (11), Silvia Murrey (17),
Debbie Rine (9).**

Editor's Note: These listings indicate the staff members' most-recent hire dates, although some have prior years of service to the LCBDD or other public/government entities.

