

Fun Times at the Pines!
Activities & Recreation Schedule

Consumer Support Services
James Street Center
Pine Street Recreation Building
100 James Street
Newark, Ohio 43055
740-344-3600



February 2011

Welcome

Consumer Support Services is offering exciting programs at our Pine Street Recreation Building at 107 South Pine Street in Newark. We currently serve adults and children with special needs in Licking County.

Program Goals

Consumer Support Services activity and recreation goals for the 2011 year are to:

- Promote and encourage socialization in a safe environment
- Provide a variety of program opportunities
- Promote physical fitness through appealing activities
- Work with families, group homes, and supported living sites to best meet the needs in our community
- Work to insure everyone who attends our activities has fun

Registration

In order for us to provide the most appropriate services to you and your family, our staff will need specific information on all participants. Please complete the attached registration form and Emergency Medical Authorization form. These forms, and any related documents must be on file before a person will be able to participate in any activities. Registration deadlines are listed with each program description. Please mail or drop off your registration forms and money to:

Pine Street Recreation Building
Attention: Amy Gartner - Activities Director
100 James Street Center
Newark, Ohio 43055
Monday – Friday
8:30 a.m. – 4 p.m.

If you have any questions, please contact Amy at 740-344-3600 extension 242, cell phone 740-739-2753 or email at amy.gartner@cssohio.org. Program space is limited. Registrations will be on a first-come first-served basis. So register early!

Cancellation

If you have registered for a program that you are no longer able to attend please be sure to give 24 hours notice in order to get a refund. If 24 hours notice is not given, you will **not** receive a refund unless you provide medical documentation. Occasionally your activity may need to be **cancelled due to low registration** or weather related emergencies. Participants will be notified if program is cancelled and you will receive a refund. We will always try to reschedule a cancelled program in the case of a weather related emergency.

Deadlines

Please make sure to look at each programs registration deadline. In order for you to participate you must be **pre-registered** and **pre-paid**; please make checks payable to Consumer Support Services.

Program Suggestions

Do you have a special interest or hobby? If you have a program suggestion or an interest that you would like to explore, please contact Amy Gartner - Activities Director and she will work to bring that idea to life.

February 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 <i>Fit U</i> 3-4 <i>Bible Study @</i> <i>Pine Street</i> 6-7	3	4	5
6	7 <i>Imagine If</i> 2:30-3:30 <i>Footsteps to</i> <i>Fitness</i> 3:30-4:30	8 <i>Valentine</i> <i>Cards</i> 3:30-5	9 <i>CSS</i> <i>Consumer</i> <i>Valentine's</i> <i>Party</i> 3:30-5:30 <i>Bible Study @</i> <i>Southgate</i> 7-8	10	11 <i>Staff In-service</i> <i>No Consumers</i> <i>and No</i> <i>Programs</i>	12 <i>Cookie</i> <i>Bouquet</i> 2-4 <i>Night on the</i> <i>Town</i> 5-7
13	14 <i>Imagine If</i> 2:30-3:30 <i>Footsteps to</i> <i>Fitness</i> 3:30-4:30	15 <i>Cook It!</i> 5-6:30	16 <i>Fit U</i> 3-4 <i>Bible Study @</i> <i>Southgate</i> 7-8	17	18 <i>Dance</i> 5-7	19 <i>Magic at the</i> <i>Midland</i> 6-9:30
20 <i>Lunch & Movie</i> 12:30-3:30	21 <i>Imagine If</i> 2:30-3:30 <i>Footsteps to</i> <i>Fitness</i> 3:30-4:30	22 <i>Karaoke</i> 5-6:30	23 <i>Open Gym</i> 2-3:30 <i>Bible Study @</i> <i>Southgate</i> 7-8	24	25 <i>Scrapstastic</i> 6-8	26
27	28 <i>Imagine If</i> 2:30-3:30 <i>Footsteps to</i> <i>Fitness</i> 3:30-4:30 <i>Dinner Social</i> 5-6 <i>Movie</i> 6-8					

LET'S GET CREATIVE!

VALENTINE'S CARDS

In this session we will put together several valentine's card and envelopes. The cards can then be taken home and sent or given to the valentine of your choice.

Date: February 8, 2011
Time: 3:30 p.m. - 5:00 p.m.
Location: Pine Street Recreation Building
Cost: \$6 per participant
Deadline: February 4, 2011
Min/Max: 4/8

Notes:



SCRAPTASTIC

Bring several photos of your choice and we will make and create a scrapbook for you to personalize and take home.

Date: February 25, 2011
Time: 6:00 p.m. - 8:00 p.m.
Location: Pine Street Recreation Building
Cost: \$8 per participant
Deadline: February 18, 2011
Min/Max: 4/8

Notes:



IMAGINE IF...

Do you like to read or be read to? We will explore a different book each month. Come enjoy an hour of relaxation and reading.

Date: February 7, 14, 21 & 28, 2011
Time: 2:30 p.m. - 3:30 p.m.
Location: Pine Street Recreation Building
Cost: \$10 per participant
Deadline: February 4, 2011
Min/Max: 4/8



LIFE SKILLS

COOKING - DIY COOKIE BOUQUET

Each person will be creating a "sweet" bouquet made of cookie lollipops. Participants will decorate cookies and arrange them into a bouquet of their choice.

Date: February 12, 2011
Time: 2:00 p.m. - 4:00 p.m.
Location: Pine Street Recreation Building
Cost: \$12 per participant
Deadline: February 4, 2011
Min/Max: 4/8

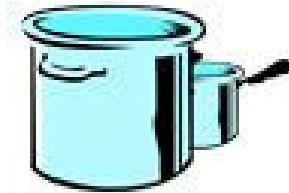
Notes:



COOK IT!

We will be working on the basics of cooking. We will be making toasted cheese sandwiches and soup. As well as pudding for dessert.

Date: February 15, 2011
Time: 5:00 p.m. - 6:30 p.m.
Location: Pine Street Recreation Building
Cost: \$10 per participant
Deadline: February 11, 2011
Min/Max: 4/8



Notes:

FITNESS

FOOTSTEPS TO FITNESS

In Footsteps to fitness we will work on all aspects of a healthy lifestyle, including nutrition, strength training, endurance, and weight loss.

Date: February 7, 14, 21 & 28, 2011
Time: 3:30 p.m. - 4:30 p.m.
Location: Pine Street Recreation Building
Cost: \$10
Deadline: February 4, 2011
Min/Max: 4/15

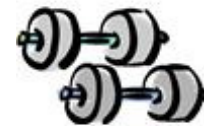


Notes: Be sure to wear comfortable workout clothes and tennis shoes.

OPEN GYM & SHAKE IT

We will play music and dance and participants will have the whole gym and all equipment available for use, including; basketball, bowling and foosball.

Dates: February 23, 2010
Time: 2:00 p.m. - 3:30 p.m.
Location: Pine Street Recreation Building
Cost: \$3 per participant
Deadline: February 18, 2011
Min/Max: 4/15



Notes: Be sure to wear comfortable workout clothes and tennis shoes.

Fit U

Fit U will focus not only on strength training but also endurance. We will focus on different parts of the body each session.

Dates: February 2 & 16, 2011
Time: 3:00 p.m. - 4:00 p.m.
Location: Pine Street Recreation Building
Cost: \$6 per participant
Deadline: January 28, 2011
Min/Max: 4/15



Notes: Be sure to wear comfortable workout clothes and tennis shoes.

SPECIAL EVENTS

CHILI SOUP SOCIAL

This is just a chili soup social for us to come together, eat and visit. We will have chili soup, salad, cornbread, drinks and a dessert. Dinner will begin promptly at 5:00 p.m.

Date: February 28, 2011
Time: 5:00 p.m. – 6:00 p.m.
Location: Pine Street Recreation Building
Cost: \$10
Deadline: February 25, 2011
Min/Max: 4/15
Notes:



LUNCH & MOVIE

Come to Pine Street and enjoy lunch and a movie. We will be showing a new release. Our lunch will be fish sticks, tater tots, corn and dessert. Drinks will be provided as well.

Date: February 20, 2011
Time: 5:00 p.m. – 6:00 p.m.
Location: Pine Street Recreation Building
Cost: \$12
Deadline: February 18, 2011
Min/Max: 4/15
Notes:



KARAOKE

Do you like to sing? Join us for an evening of karaoke fun. Jump up and sing your heart out to your favorite song or just sit back and listen as others perform. You are sure to have a GREAT time. Bring your own snacks & drinks if you want.

Date: February 22, 2011
Time: 5:00 p.m. – 6:30 p.m.
Location: Pine Street Recreation Building
Cost: \$2
Deadline: February 18, 2010
Min/Max: 4/15

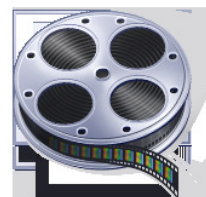


Notes: We will have a variety of songs to choose from but will not have everything. Feel free to bring your own cd's.

MONDAY MOVIE MADNESS

Ready to relax? Kick back and enjoy an evening of adventure with a different movie each month. Cost is to cover snacks and drinks for each paid participant.

Date: February 28, 2011
Time: 6 p.m. – 8 p.m.
Location: Pine Street Recreation Building
Cost: \$6
Deadline: February 25, 2011
Min/Max: 4/15
Notes:



NIGHT ON THE TOWN

We will be enjoying a lovely dinner on the town at an area restaurant while socializing with others. Feel free to bring a date. This month we will be having dinner at Steak and Shake and then going bowling.

Date: January 12, 2011
Time: 5:00 p.m. – 7:00 p.m.
Location: Pine Street Recreation Building
Cost: \$25
Deadline: January 4, 2011
Min/Max: 4/8
Notes: Please bring extra money if you wish to purchase anything while out on the town. Dinner, bowling and transportation is included in the price.



MAGIC at THE MIDLAND THEATER

The Magic of Stephen Knight. First-class, high-energy entertainment combining magic, comedy, and audience interaction. Dynamic magician/illusionist Stephen Knight takes you into a world where illusion becomes reality and you never know what to expect. Suitable for audiences of all ages. Pure magic!

Date: January 19, 2011
Time: 6:00 p.m. – 9:30 p.m.
Location: Pine Street Recreation Building
Cost: \$20
Deadline: January 11, 2011
Min/Max: 4/8
Notes:



DANCES

SWEETHEART DANCE

Do you enjoy dancing? This dance will be a celebration of love. Enjoy great music with friends old and new. Light refreshments will be served. **You must pre-register for dances, but you may pay at the door.**

Date: February 18, 2010
Time: 5:00 p.m. – 7:00 p.m.
Location: Pine Street Recreation Building
Cost: \$2
Deadline: February 11, 2010
Min/Max: 4/50, must bring chaperones if participants need assistance.
Notes: **Doors will not open early; please do not arrive before 6:00 p.m.**



BIBLE STUDY

FRIENDS OF JESUS MINISTRY WITH BILL WAYT

This bible study is held at Pine Street Recreation Building

Date: February 2, 2011
Time: 6:00 p.m. – 7:15 p.m.
Location: Pine Street Recreation Building
107 South Pine Street
Newark, Ohio 43055



Cost: **FREE**

Note: This activity is not led by Consumer Support Services (CSS). This group is simply using the Pine Street Recreation Building. You must provide assistance to those who are in need. **Please bring a snack to share if you are able!**

HAPPY HEARTS BIBLE STUDY AT SOUTHGATE CHURCH OF CHRIST

Happy Hearts is held at the Southgate Church of Christ, 1075 South 30th Street, Heath, each 2nd, 3rd, and 4th Wednesday of the month at 7-8 p.m. For more information contact Jill Gillespie at 740.328.5738 or terp@roadrunner.com

Date: February 9, 16 & 23, 2011
Time: 7:00 p.m. – 8:00 p.m.
Location: Southgate Church of Christ
1075 South 30th Street
Heath, Ohio 43056



Cost: **FREE**

Note: This activity is not led by Consumer Support Services (CSS). You must provide assistance to those who are in need.

New Programs for the New Year

Do you have a suggestion for the new year?

Let us know what you want!

Consumer Support Services Emergency Medical Authorization

Page Two

Type of emergency transportation required: (please circle one)

Private Residential provider Public (taxi) Wheelchair lift Ambulance

In the event of an emergency evacuation, have you made arrangements to stay with anyone? If yes, who? _____

Does the participant have a current behavior plan? YES NO If yes, please attach _____

Will a caregiver accompany you to our activities? YES NO

Care givers name: _____ Relationship: _____

Address: _____ Phone: _____

Please list any medical supplies you use on a daily or weekly basis: _____

Please list any other accommodations needed, comments or suggestions that may assist in your care in the event of an emergency evacuation (sign language or interpreter, guide dog, etc.) _____

Please list any dietary restrictions and attach a copy of the orders: _____

Please list any special equipment that the participant might use or circle any of the following: _____

Life Support Electricity Suction equipment Wheelchair Walker Cane
Ostomy supplies Eye Glasses Hearing Aid Dentures Urinary Supplies
Personal Eating Utensils Breathing Machine

I give consent for Consumer Support Services staff and contract agencies to secure Emergency Medical Treatment in the event of a medical emergency. Reasonable attempts to notify contact person will be made.

Contact Person/Agency: _____ Phone: _____

Natural Support: _____ Phone: _____

Home Health Agency: _____ Phone: _____

Emergency Contact Person (in case of natural disaster or community emergency)

Contact 1 Name: _____ Phone: _____

Contact 2 Name: _____ Phone: _____

Personal Physician: _____ Phone: _____

Personal Dentist: _____ Phone: _____

Signature: _____ Please check one:

Date: _____ Self Guardian

Guardian Name: _____ Guardian Phone: _____

Guardian Street: _____ Guardian City/State/Zip: _____

Form must be completed in entirety. Signature from individual or guardian if one is appointed.

Form completed by: _____ Date: _____

THIS AUTHORIZATION IS IN EFFECT FOR THE FOLLOWING TIME SPAN
FROM: _____ to _____

Consumer Support Services
James Street Center - Pine Street Recreation Building
100 James Street
Newark, Ohio 43055

